

APM Centre

Covid information Updated Feb 17, 2022, Changes will be update here as we work through the required regulations

Vax Pass Required for Entry as per Public Health Order (October 5, 2021)

- You will be required to show proof of vaccination and government issued ID for access to all areas at the APM Centre.
- This applies to individuals who are 12 years of age and older.
- Unless they are a participant in an organized activity for youth where all are 18 years and under.
- Vaccination proof and ID must be shown every time you enter, and you must be able to provide proof at any time requested by staff or public health.

APM Centre

Please realize we need to keep participant groups separated and while entering the building people must be ensuring 6 ft. distancing. Please do not block the entrance we have groups moving into different areas of the building all the time. The entrance space can have unvaccinated people that have not yet shown proof.

APM Centre Covid-19 screening prior to use

1. If you are feeling ill or have flu like symptoms.
2. If you or one of you family members has been a close contact to someone who has tested positive for COVID.
3. People that have been a close contact for Covid-19 and requested to self-isolate.

APM Centre Covid-19 General Guidelines

1. Masking for all users and participants in any sport and recreation activity should wear a well-fitted three-layer mask including a filter layer while moving about in facilities and only remove the mask prior to participating in the activity or when putting on a helmet.
2. 6ft distancing must be maintained as much as possible.

3. Thank you to everyone for your patience as we work through operating with the covid-19 restrictions.
4. The staff on site will assist with questions and will be ensuring that we are following our operational plan and providing a safe environment for all users.
5. Start time for all events will be staggered starts so we allow more opportunity to social distance please respect your arrival and departure time limits.
6. Shower facilities are not available currently to any user. (Unless prior arrangements are made)
7. Weight room and track members will use their membership card to obtain entrance. Every member over 14 years must have a card attached to their name.
8. Stairs and hallways are marked as a two-way traffic area and masks should be worn in these spaces and allow for 6 ft. social distance.
9. People are not permitted to loiter in the building.
10. Lobby area is for entrance of groups and a space for people to wait for food pick up from the canteen. All users and spectators must move to the location of their event when they arrive.
11. People must be seated when consuming food.
12. Some areas in the building are considered no stop zones and are used only to move people to their booked space.
13. All users need to bring their own water bottle as there are no drinking stations.
14. We have several locations for hand washing. There will be several stations with hand sanitizer.
15. Where possible people should bring their own equipment for use in the building. (mats, balls etc)
16. Elevator use is limited to one person/ family at a time.
17. Individuals and team sports can have competition play so long as the total number of participants interacting is less than 50 per day.
18. If I test positive what is the process? See <http://www.princeedwardisland.ca/testedpositive>

APM Centre Covid-19 Arena Guidelines

1. Please do not block the entrance to the building remain in your car until it is your entrance time.
2. Player, coaches, dressing room volunteers:
 - 2.1. Arrival time 30 to 15 minutes before Ice Time. All on ice users should be in the facility 15 minutes prior to ice time.
 - 2.2. Departure: Ensure masks are wore as you exit the building. All players must be out of the building 30 minutes after ice time ends.
3. No spitting
4. No Handshaking
5. No use of Showers allowed at this time. (Unless prior arrangements are made)
6. Payment to be received in advance by e-transfer to apmcentre@bellaliant.com (ensure centre is spelled correctly) or make a payment arrangement with General Manager.
7. Main Contact for each group must provide their name and number. All Groups must have a parent responsible for the group if any users are under 18 years of age.
8. The arena is divided as follows: all groups stay separate at entrance, exit and during activities:
 - 8.1. participant group 1; 50 participants
 - 8.2. participants group 2; people leaving or preparing to go on ice 50 participants

- 8.3. spectators/ volunteers, 6-foot distance should be maintained from others outside your family unit. Arena at 50% capacity for spectators 250 people.
9. Coaches and volunteers that can physically distance from the players while doing the activity are not counted in the participant groups. If coaches and volunteers are part of the activity or are in close proximity with the participants and interacting with them consistently then they would be included as part of the 50.
10. Parents entering dressing rooms to assist with gear for U7, U9 or U11 must be wearing a mask and social distancing as best possible. Once done with the gear they should move immediately to the stands social distance and be wearing a mask. Providing there is space in the spectator group.
11. Coaches that are not included in the group of 50 participants should limit contact with players and wear a mask. If skating they can remove the mask when they go on to the ice.
12. Moving in, out and within the facility please be respectful of all users allowing for 6ft distance whenever possible, and if others are in a hallway please wait until this space is clear.
13. All spectators, coaches, and volunteers over the age of 12 years must show proof of vaccination.
14. **Spectator groups entrance**
- 14.1. **All spectators must wear a non-medical mask that is well fitted to be allowed access to the facility. It should be three layers and include a filter, when possible.**
- 14.2. **All spectators** entering the facility must move to the arena area unless purchasing something at the canteen. Should the facility be at capacity they will be asked to wait in their vehicles until the prior group spectators have left the building.
15. **Spectator groups exit**
- 15.1. Spectators are to wait to leave the building until all players and coaches have returned to the dressing rooms as much as possible.
- 15.2. Spectators in will exit while zamboni is cleaning the Ice and will use Two exit locations are by dressing room 1 and 2, and dressing room 3 and 4 as much as possible.
16. Participants in dressing rooms, will wear their masks in the dressing rooms until helmets are put on for your ice time.
17. No gear can be left in the dressing rooms or the officials' room.
18. All on ice participants must stay in the dressing room until it is time to move to the ice. No one should be standing in by the glass.
19. We do have designated area for wheelchairs and those that cannot climb stairs. Please see a volunteer or staff.
20. We do not have a warm room so please come dressed for the arena as all spectators must stay in the seating area for the duration of the game.
21. Spectators' washrooms are in the arena and lobby.

APM Centre Covid-19 Gymnasium Guidelines

1. All users will need to pre-book the gymnasium. (see gym page for more details)
2. Masks are mandatory for all users and should be worn when not participating in an activity. (locker rooms and hallways)

3. All groups that book must provide a name and phone number for the main contact.
4. Total number in party is provided at the time of booking. Any increase in numbers the facility should be notified. (Max 10 people per court)
5. **Arrival Time: No more than 5 min** before booked time and must be in by booked time. **5-minute window for entrance.**
6. **Departure Time:** is immediately at the end of your booked time. **All must be departed within 2 minutes.**
7. Group is asked to come dressed and ready for physical activity. (limited numbers in the dressing rooms)
8. Shoes should be removed in the hallway to the gym and indoor shoes put on inside the gym area at the designated chairs in the gym. Absolutely no outdoor footwear allowed in the gym area.
9. Court groups must do as best as possible to stay in their designated booked court.
10. See fees page for rental fees.
11. Gymnasium users can use the locker room washrooms.
12. During gymnasium use 6-ft distancing must always be respected, except for incidental contact.
13. Users should bring in their own personal equipment. Any borrowed equipment should be cleaned prior to use by the participant.

APM Centre Covid-19 Weight Room and Walking Track Guidelines

1. All users must have a change of footwear to use in the building.
2. We ask that you enter, complete workout, and then leave immediately following your work out. weight room and track members will use their membership card to obtain entrance. Every member must have a card attached to their name for contact tracing.
3. People are asked to come dressed and ready to work out.
4. Shoes are to be changed upstairs.
5. Entry: Enter through the main doors, turn right and head straight to the 2nd floor.
6. Departure: Exit through the designated door at the bottom of the stairs please don't return to the lobby area on the main floor. (fire exit door as well).
7. In the weight room people are expected to clean equipment prior to and after use.
8. We have expanded the weight room into the classroom space to allow for social distancing
9. Walking track is limited to 15 people, and all must walk in the same direction based on the time of day. People must walk single file unless they are from the same household. Direction will change every 15 minutes. Direction changes at 00min, 15min, 30min and 45min of every hour.
10. People are not permitted to bring small children to the weight room. Only youth that would be working out.
11. All members will be expected to card into the facilities.
12. Non-members must pay the guest fee and sign in at the canteen this option is only available if space allows and **during the hours of 8:30am to 9:00pm.**